



Practitioner Promo Members Advertising Image Specifications

PLEASE NOTE: allow your ad images to be large byte-sizes by choosing the highest quality settings when available. Do not attempt to compress/optimize your images, simply ensure that they meet the following resolution/pixel size criteria. We will further optimize your images to reduce their byte-size without sacrificing quality according to our needs.

WEBSITE AD BANNER

300px wide by 150px high

EMAIL AD INSERT

234px wide by 60px high

eZINE ADS - HOLISTIC LIVING MAGAZINE

Full Page Ad

Portrait: 2475px wide by 3225px high

Half Page Ad

Portrait: 1238px wide by 3225px high

Landscape: 2475px wide by 1613px high

Quarter Page Ad

Portrait: 1238px wide by 1613px high

Landscape: 2475px wide by 807px high

SOCIAL MEDIA IMAGES

Facebook: 1200 x 630 | Twitter: 1024 x 512 | Instagram: 1080 x 1080