

GOJI - NUTRIENT DENSE SUPERFOOD



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Himalayan Goji Juice is the only liquid on earth that contains all the nutrients you need to boost your energy and strength naturally while nursing high blood pressure, cancer, heart disease kidney disease, diabetes, and a long list of other health problems.

The polysaccharides are probably the most vital nutrient in goji berries, most notably the lycium barbarum polysaccharides (LBP).



Research reveals that LBP polysaccharides are exceptional sources of the fundamental cell sugars important for proper immune function and intercellular communication.

The juice also contains 19 amino acids (including eight essential ones); more protein than whole wheat; 21 trace minerals including germanium (an anti-cancer trace mineral rarely found in foods); Vitamin C at higher levels than even those found oranges; Vitamin E (rarely found in fruits, only in grains and seeds); B-complex vitamins, necessary for converting food into energy; essential fatty acids (EFAs),



which are required for the body's production of hormones and for the smooth functioning of the brain and nervous system; Beta-Sitosterol, an anti-inflammatory agent (Beta-Sitosterol also lowers cholesterol and has been used to treat sexual impotence and prostate enlargement); and a complete spectrum of antioxidant carotenoids, including beta-carotene (a better source than even carrots) and zeaxanthin (protects the eyes).

Goji berries are the richest source of carotenoids of all known foods. Himalayan Goji Juice will give you the nutrients you need to stay healthy and disease free.



The goji berry, original to Asia as a medicinal food for thousands of years, has been studied extensively in modern times to substantiate its health benefits. It is a deep-red, dried fruit about the same size as a raisin. The Goji berry tastes to some extent like a cross between a cherry and a cranberry.

Some Of The Many Beneficial Effects From Using Goji Berries & Juice Are:

1. Strengthens the immune system
2. Increases longevity and protects from premature aging



3. Helps prevent cancer and aids remission
4. Protects the liver
5. Builds strong blood and promotes cardiovascular health
6. Supports eye health and improves vision
7. Maintains healthy blood pressure and blood sugar
8. Stimulates secretion of human growth hormone
9. Strengthens muscles and bones
10. Supports normal kidney function
11. Improves fertility and treats sexual dysfunction
12. Helps reduce obesity



Goji berry is especially beneficial for hypoglycaemic people and for hyperactive children, and is also widely used to reduce the craving for sugar.

It has been traditionally regarded in Asia as a longevity, strength-building, and sexual potency food of the highest order, widely thought to increase sexual fluids and enhance fertility.

Many sources note that the berry contains a full protein (as opposed to partial proteins as in bread).



Additionally, several other beneficial compounds are reported to have been discovered in the analysis by the Beijing Nutrition Research Institute: Selenium and Germanium (these are well-known anti-cancer agents); Beta Sitosterol (anti-inflammatory agent to lower cholesterol, and has been used to treat impotence and prostate enlargement); and Zeaxanthin and Lutine (to protect the eyes);

Betaine (produces Choline to helps detoxify the liver); Cyperone: (used in treatment of cervical cancer and known to benefit blood pressure, heart and menstruation problems);



Solavetivone (an antibacterial and antifungal agent); physalin (effective in treating leukemia, cancer and hepatitis B).

Packed with most of the nutrients, goji berries help keep us free from infection and illness, and sustain the strength of body cells, organs and systems. Their make-up and benefits have been reported in many scientific journals.

Have you had your Gojis today?



There are many things you can do to aid your own healing and live the healthiest life you possibly can.

You will find out more from the information you get in the Global Healing Exchange membership area.

Take a look around and find the best holistic treatment for you.

**This Ebook Was Written For
Global Healing Exchange**

