

CANCER



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**Cellular Memory/The
Harmony Method**



How Can Cellular Memory/The Harmony Method Help Cancer?

Let's talk about a healing modality called cellular memory. We store memories in the cells of our body. Those memories have an emotion connected to them. So every experience we have, has an emotional frequency connected to it.



The cells store the memory, the emotion creates a vibrational frequency which can create the same thing to continue happening, or the same vibrational frequency to keep playing over and over.

So we repeat the same type of process or have the same experience, or type of experiences.

It may be different people playing it out for us, but it is the same type of feeling that we continually have.



What I'd like to talk about today is disease and the creation of cancer. How we do that, is by looking at the emotional frequency in the memories that we store in our body.

What we do with clients that previously had, or currently have cancer, is assist them to find the memory within their body that created the cancer.

So for me, cancer seems like it is eating away at us. A lot of our experiences in life can make us feel this way. We can run the emotions over and over in our head and let them eat away at us.



Also some of us tend to go back into the issue from time to time. With this sort of thing it can create any type of illness in the body but today we're talking about cancer.

Behind any type of illness or disease, in particular cancer, there is something called secondary gain.

There is always a reason why we have a disease. So we need to look at the reason behind it. If you think you may have secondary gain ask yourself; what do I have today through cancer and the cancer experience, that I didn't have in my body or life previously that is a benefit to me?



There is always a benefit. It might sound a little crazy but when you look into it, you'll be able to see if you have secondary gain.

For example; you may be getting more attention from your loved ones, or more money from the government.

Maybe you are using the disease in your body as an excuse to not do something. Maybe you were overwhelmed at work and the disease is stopping overwhelm because you can no longer work. There are many reasons for people to have secondary gain.



Here Are Some Tips

The way that we access the memory is we talk to the cells in our body, (because our body talks to us all the time) and ask them to reveal to us the memory or the experience that we hold in the cells, that has created this illness or disease.

Sit down quietly, go into a meditation or sit in silence. Close your eyes so that you can pay attention to what's happening in your body (because it's your body that's indicating to you what is happening).



When your eyes are open, you are looking around yourself and outside of yourself, instead you need to go on an internal journey.

So close your eyes and you are going to ask; what is the memory that has created this cancer? Sit patiently and very subtly you might get an image, or memory, or a reminder of an experience that you've had.

Sometimes if you believe in reincarnation, you might go back before this lifetime. It has been proven to me many times in my own body and in many clients that I have worked with that this exists.



They have had memories of other lifetimes or experiences before birth in this lifetime. It is an experience that you have previously had as a soul.

When we access the memory it's often that we haven't been able to say what we need to say. So what we do is, imagine the people who are involved in the experience and we sit them in front of us in our minds eye.

We then say what we need to say to them.



It is an emptying out, so you are actually releasing this emotion, because often, we haven't said what we need to say and we keep running it over and over in our head, holding onto the trapped emotion.

The emotion gets trapped in your body and causes dis-ease.

Once you have emptied out, you release this emotion.

When you have released the emotional connection or the emotional charge, or the memory, or the experience you have had, it releases from your body.



When your body is free of these trapped emotions, it has the ability to heal. So think about what emotions may be trapped in your body, which when released will help you regain your health.

If you found this interesting, working with your cellular memory may be for you.



This Ebook is a collaboration between Mandy Horton from Pathways to the Light & Global Healing Exchange

